

Online Psychosocial Intervention For People Living With Dementia During The COVID-19 Pandemic

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Challenges due to closure of Day Care

Loss of Support

Increased Caregiver Burden

Inability among PwD to follow precautions

Elevated BPSD

Disruption in routine

Aim of the Study

Study the effect of day care closure on people living with dementia and their family carers during the early months of COVID-19 pandemic.

Report the transition from in person services to online mode of delivery of psychosocial intervention

Explore potential of digital platform in providing continued care and support for PwD and Family.

Methodology

Initially 24 PwD were enrolled for the online sessions

Involved family members to facilitate day care sessions

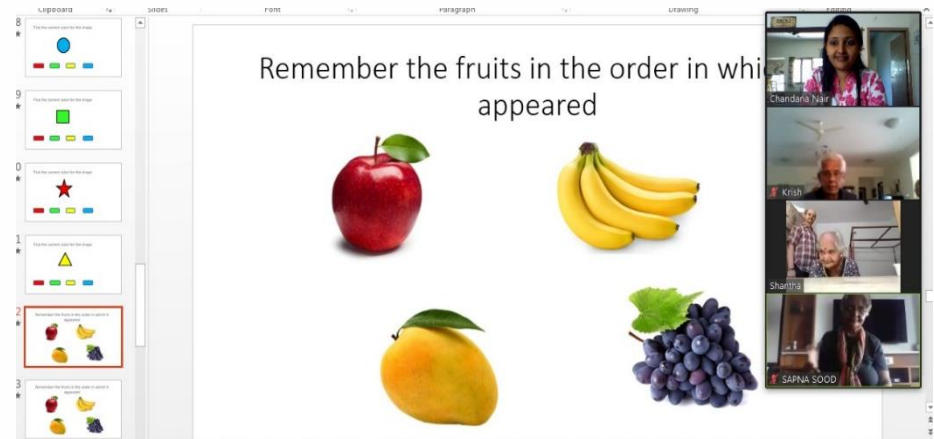
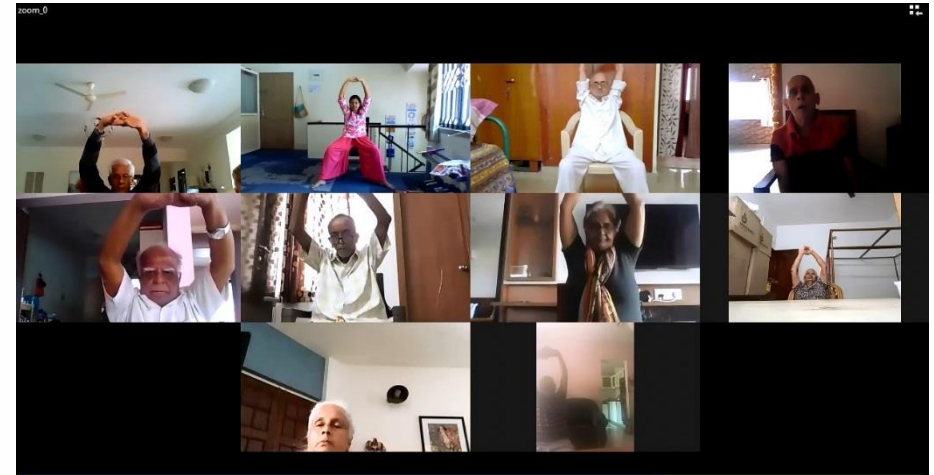
Use of colorful presentation/animations to draw attention of the clients

Adapting activities suit the online mode of delivery

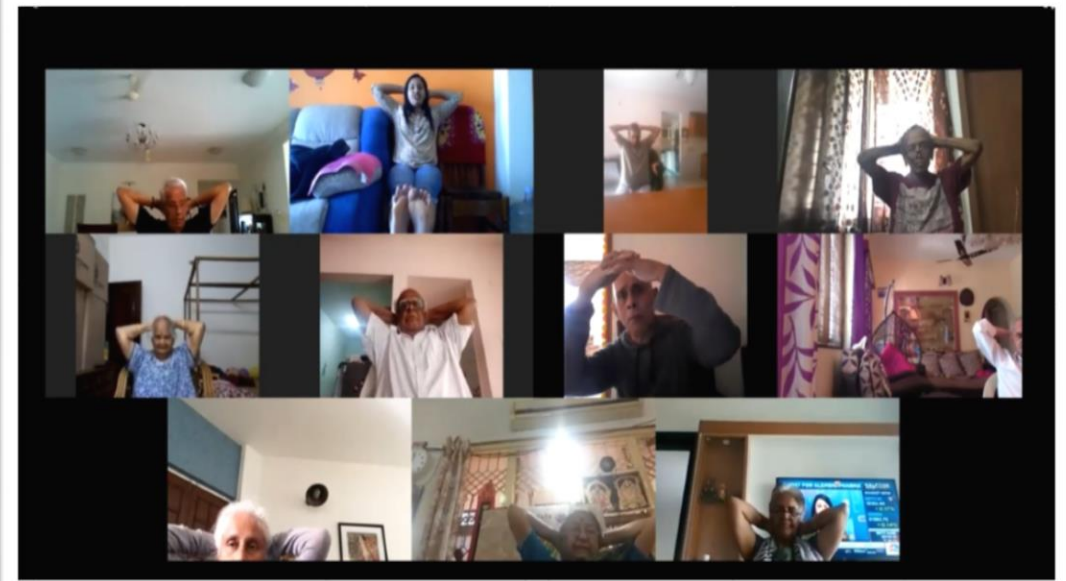
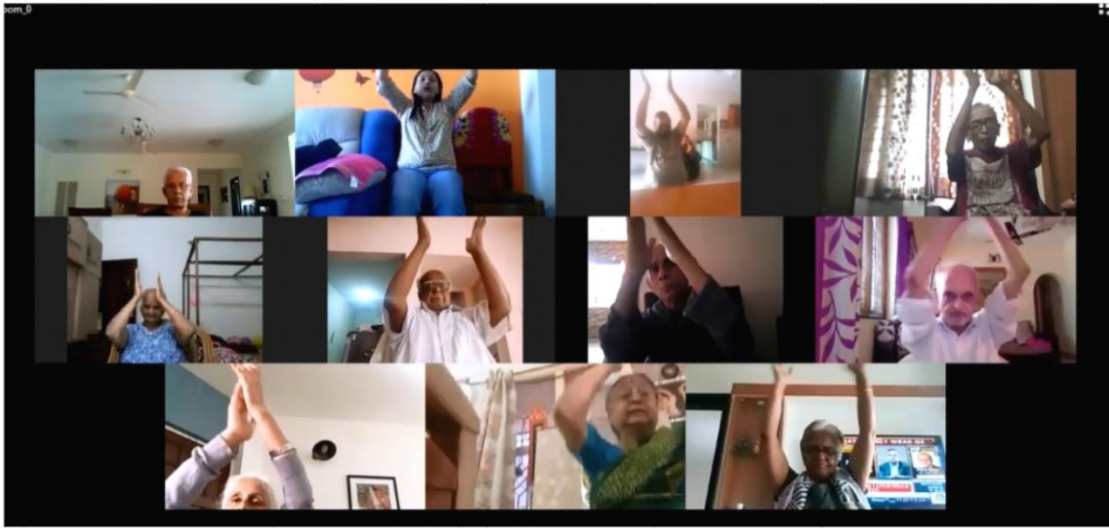
Physical, cognitive and social activities to keep them engaged

2 hours of engagement for 6 days a week

Documented the experience of staff and family to assess the feasibility


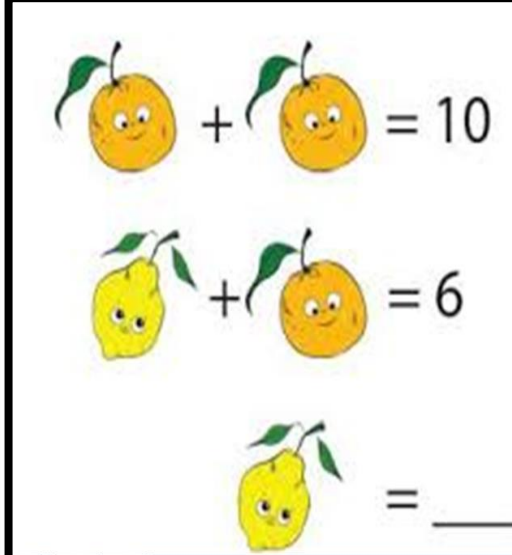


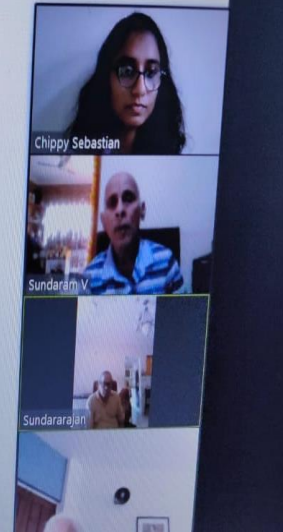

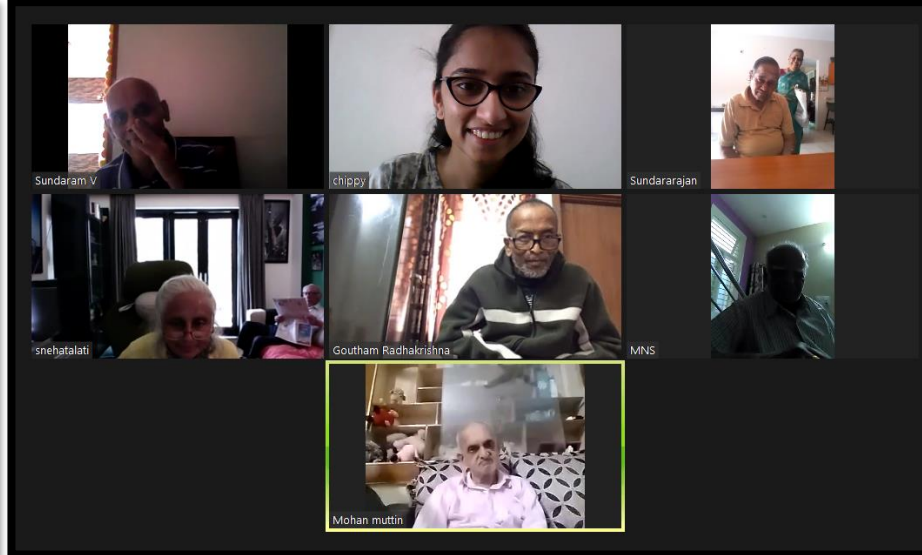

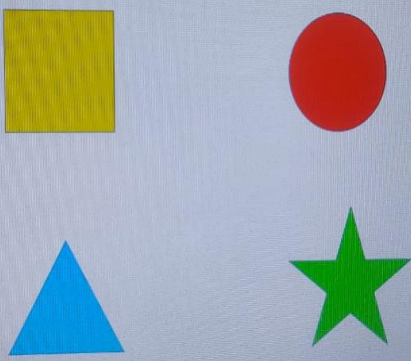


Physical activities



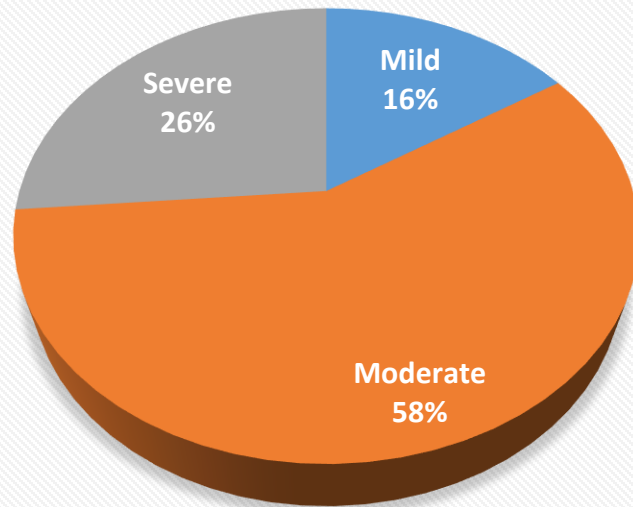
Cognitive activities

Remember the color of the shapes

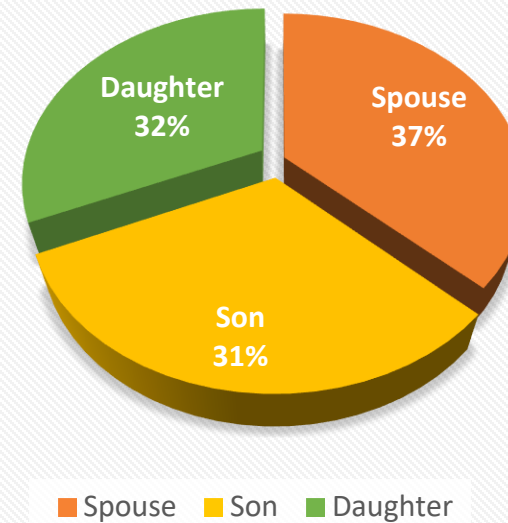


Profiling of the Clients

Stage of CI



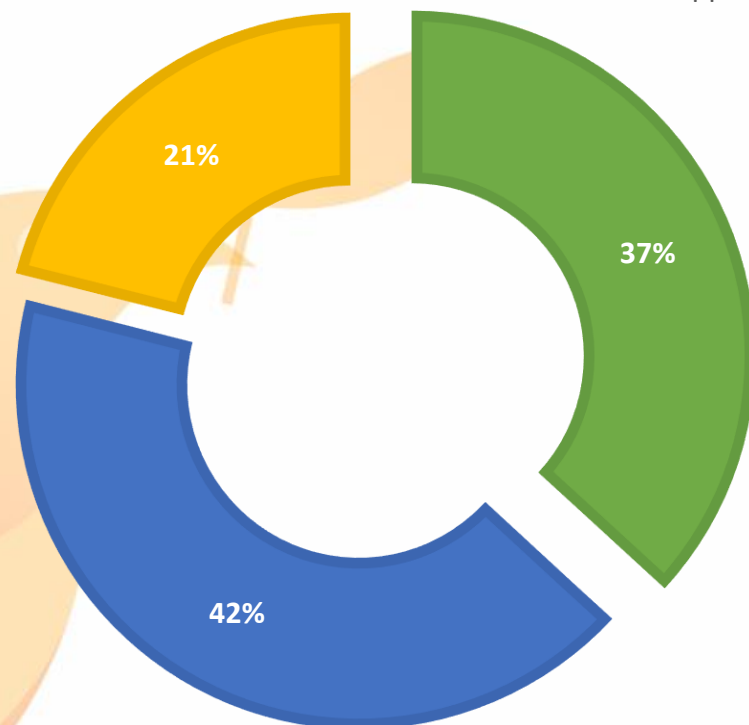
Caregivers profile



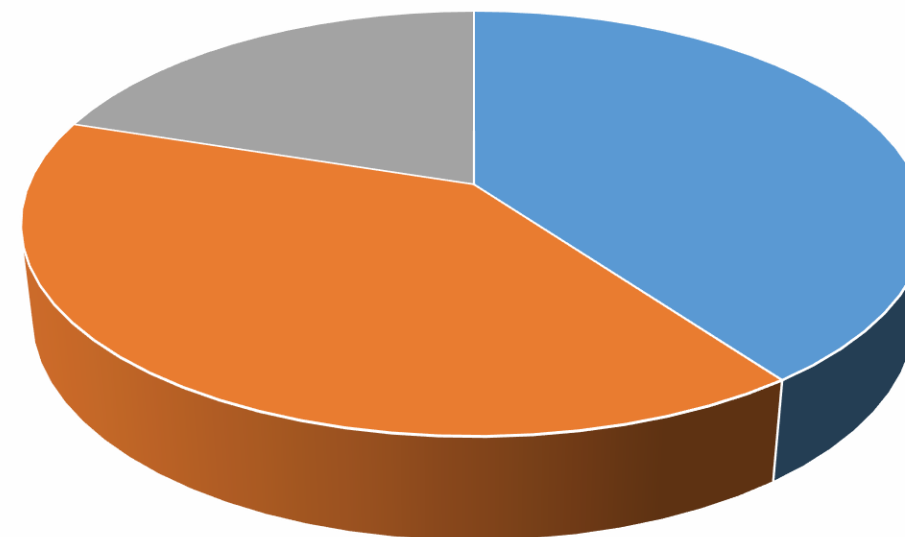
Results

FAMILY FEEDBACK

■ Highly beneficial ■ Beneficial to an extent ■ Unable to support patient



Reason for Dropout



■ cognitive impairment ■ sensory impairments
■ unavailability of gadgets ■ unwillingness of family

Feasibility and Impact

